

VOLUNTEERING OPPORTUNITES!

Light the Night Walk

Schedules:

November 5th:

- 9-12 unloading trucks(15-20 people) – 7-9 loading trucks(15-20 people)
- 9-2:30 t-shirt set up (10 people) – 2:30-9 t-shirt tent (10 people)
- 9-2:30 lantern set up (10 people) – 2:00-9 Lantern tent (10 people)
- 9-2:30 route markers (10 people)
- 9-2:30 team banners (5-10 people)
- 9-2:30 Hospitality tent (5people) - 2-9 Hospitality tent (10 people)
- 9-2:30 Baptist Village and VIP setup (10 people)2-9 Baptist Village and VIP tent (3 people each)
- 9-2:30 Kids Village (5 people)
- 9-2:30 Survivor tent (5 people) – 2-9 Survivor tent (5 people)
- 9-2:30 Reflections of Life tent (5 people) – 2-9 reflections of Life tent (5 people)
- 9-2:30 Volunteer check-in (5 people) – 2-9 Greeters (5 people)
- 2-9 Route Guide during walk (10 people)
- 2-9 Registration (10 people)
- 2-9 Team tents (5 people)
- 2-9 rest stop (5 people)
- 2-9 Finish line (5 people)
- 2-9 Clean-up (15 people)

Volunteer form:

[file:///Users/melanie0042/Downloads/Volunteer%20Form%202016%20\(1\).pdf](file:///Users/melanie0042/Downloads/Volunteer%20Form%202016%20(1).pdf)

Miami Muscle Walk

Date: Saturday, November 5th

Location: Doral Central Park: 3000 NW 87th Ave. Doral, FL 33172

Time: 7:30 am

We will need your assistance with:

- General Event setup
- Moving tables and chairs
- Waivers and greeters of participants
- Giving out water
- Cheer Squad
- Assist with handing out food
- MDA table, activity table and sponsor table assist

Waiver:

VOLUNTEERING OPPORTUNITES!

SE-3 5/07



MUSCULAR DYSTROPHY ASSOCIATION, INC.
WAIVER, RELEASE & CONSENT

NAME OF EVENT: Miami Muscle Walk 2016
LOCATION: Doral Central Park
3000 NW 87th Ave Doral 33172
DATE(S): November 5th 2016

In consideration of MUSCULAR DYSTROPHY ASSOCIATION, INC. ("MDA[®]") permitting (me)(my child _____, who is under 18) to participate in the above-named event, I hereby, and for (my)(my child's) heirs, executors, administrators, assigns, and all legal guardians, **WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS OF ANY NATURE, FOUNDED IN WHOLE OR IN PART UPON ANY TYPE OF NEGLIGENCE**, that (I)(my child) may have against MDA, its directors, officers, employees, agents, chapters, assignees, licensees, volunteers and cooperating entities, their representatives, heirs, executors, administrators, successors, and assigns (the "Released Parties") arising out of or resulting from any and all injuries or damages of any nature, including death, which (I)(my child) may suffer while taking part in the event or any activities connected with the event. **I UNDERSTAND THAT THIS MEANS THAT I AGREE NOT TO SUE** any or all of the Released Parties in connection with the event.

Consent also is hereby given to use (my)(my child's) name, picture, portrait, likeness, writings or biographical information (including, if applicable, neuromuscular disease diagnosis), and audiotape and/or videotape recordings and sound or silent motion pictures of (me)(my child) in any media for editorial, educational, promotional, and advertising purposes, for the solicitation of contributions, and for any other purpose in furtherance of the corporate purposes and objectives of MDA.

By signing this document, I certify that I have read this document and fully understand it, and that I am not relying on any statements or representations of any Released Party. This document shall be binding upon me, (my)(my child's) heirs, executors, administrators, assigns, and all legal guardians (of my child).

Print Name of Participant

Signature of Participant

Date

Home Address, City, State & Zip Code

E-mail

I affirm that I am the parent/legal guardian of _____ and that I have full authority to authorize his/her participation in the above-referenced MDA event.

(Signature of Parent or Legal Guardian if Participant is Under 18)

Date

VOLUNTEERING OPPORTUNITES!

Moving Day

Date: Sunday, November 13, 2016, at Museum Park beginning at 8:30am.

About: This event will raise money to support people with Parkinson's and their families and to support national research to improve the quality of life for those living Parkinson's disease.

What is Parkinson: Parkinson's is a neurological disease that affects both men and women in almost equal numbers, and it shows no social, ethnic, economic or geographic boundaries.

Sign up: www.MovingDayMiami.org

Check in: 6:30am and the event ends at 12:00pm.

Duties performed:

- Placing and picking up signs
- T-shirt distribution
- Directing walk participants from the parking lots and garage
- Helping at food/water stations
- Helping at the Movement Pavilion
- Other duties as needed

Can you please provide:

- Will you and your club be available for clean up/breakdown of the event?
- T-Shirt Size (names and sizes of all individuals)
- Waiver Attached (You can email or bring this to the event)
- What school/club do you attend?

Event Location:

Moving Day® Miami will take place at Museum Park 1075 Biscayne Blvd, Miami, FL 33132

Schedule of Events:

7:30 am Registration Opens 8:30am Warm Up Starts 9:00 am
 Opening Ceremony 10:00 am Walk Starts 11:30 am Awards/Closing
Ceremony *Schedule subject to change

Volunteer form:

<file:///Users/melanie0042/Downloads/Moving%20Day%20Event%20Liability%20Waiver.pdf>